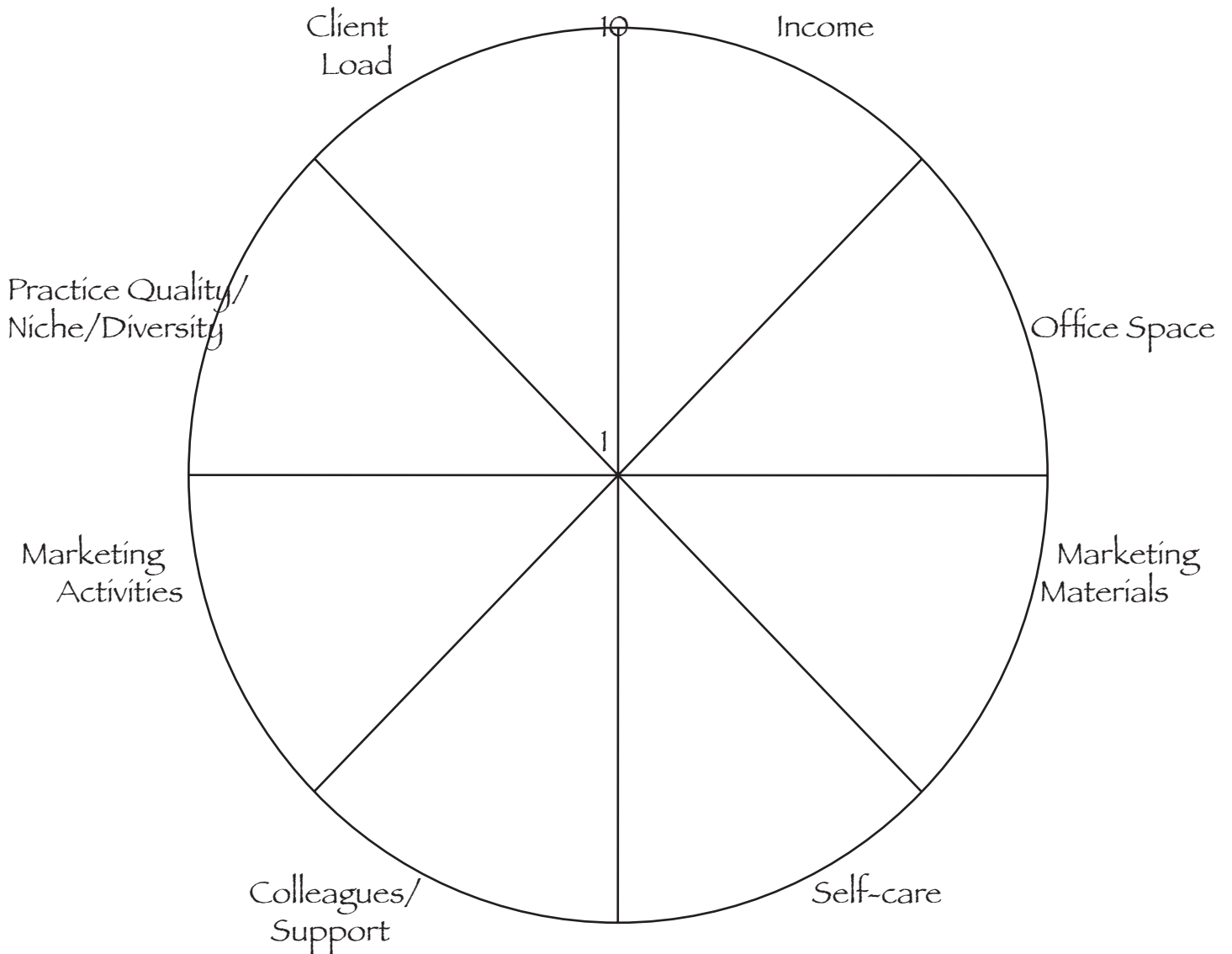


## Wheel of Balance in Private Practice



Where am I now on a scale of 1-10 (1 is lousy, 10 is awesome)?

Why is it a \_\_\_\_\_?

Where would I like to be in 12 months?

How will I get there?

What might get in the way?